

# Open Avocado Sandwich

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## Shopping List

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- Sourdough (2 slices)
- Avocado (1, ripe)
- Feta (3 tablespoons, crumbled)
- Oregano ( $\frac{1}{4}$  teaspoon)
- Sundried Tomato (150g, chopped)

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Duration: 10 minutes

Servings: 1

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### Method:

Slice and toast whole wheat bread.

First layer is avocado, spread on both slices.

Next, top with chopped sun-dried tomatoes, sprinkle with feta and oregano.

Serve.